

## **The aims of Internships**

### **Aims and Objectives**

There are many useful aims and objectives of Internships but the most important ones are:

#### **To help in your social and personal development**

- To develop your communication skills.
- To develop your interpersonal skills.
- To develop your ability to cope with new situations.
- To enhance your experience and be able to record it for improving chances when applying to college or employment.

#### **Experience of the adult working life (world of work awareness)**

- To help you obtain a better understanding of the workings of Business and industry.
- To help you learn the responsibilities and discipline associated with the world of work.
- To help you understand the nature of different work roles (employee, supervisor, manager etc.) and how they interrelate.

#### **To enhance your understanding of your GCSE subjects by relating them to the work place**

- To enable you to see the relevance of school to the working world.
- To help you to apply your skills and knowledge in the workplace to enhance understanding of a subject area.
- To help you gain skills and knowledge in the work place by which you can enhance your understanding of a subject area.
- To help further develop key skills.

#### **To enable you to explore or test out vocational ideas (Job Testing)**

- To allow you to sample an area of work to help you to clarify vocational likes and dislikes.
- To allow you the time (where possible) to work in, and research into, one particular area of interest.
- To examine the realism of your vocational ideas.
- To allow you to gain experience in an area of work not normally open to part time work.

#### **Career Skills**

- To show you how to find a suitable placement.
- To explore possibilities.
- To develop your letter writing, telephone and interview skills.
- Continuing self evaluation of life choices.